



Food and Agriculture Organization
of the United Nations



REGIONAL TECHNICAL MEETING ON FOOD SYSTEMS BASED DIETARY GUIDELINES (FSBDG) DEVELOPMENT

7-9 NOVEMBER 2023

Belgrade, Serbia
Hotel M

<https://www.hotel-m.com/en/conference-halls>

ORGANIZERS

Food and Agriculture Organization of the United Nations (FAO), FAO Regional Office for Europe and Central Asia (REU), Budapest, Hungary in collaboration with Capacity Development in Nutrition CAPNUTRA

PROJECT

FAO-CAPNUTRA LoA “Food system analysis and capacity development on food based dietary guidelines in five selected countries in Europe and Central Asia” under the framework of the regional project

FAO Regional Technical Cooperation Programme (TCP) TCP/RER/3805 – “Enhancing analytical evidence on diet and nutrition challenges from food systems perspectives in response to COVID-19”

OBJECTIVES

1. Present the principles of Sustainable Healthy Diets in Worldwide Dietary Guidelines: Efforts So Far and Future Perspectives.
2. Present the results of applying FAO methodology on the Food System Based Dietary Guidelines (FSBDG) development in three countries.
3. Present the food system assessments and the situation analysis and scientific evidence review (SAER) reports.
4. Review the progress made and successes/challenges in passing through the steps of the FSBDGs process, cross-sharing of experiences.
5. Review capacity development to accomplish the next steps in the development and implementation of FSBDG.
6. Revise priority capacity development topics for the development and implementation of FSBDGs

This is hybrid event. Please use Zoom link to join (same link for all three days)

Join Zoom Meeting: <https://us06web.zoom.us/j/84044604331>

AGENDA

DAY 1

7 November

TIME	ACTIVITY	SPEAKER
1. REGISTRATION AND OPENING		
8.30-9.00	Registration	
9.00-9.30	Welcome and opening remarks Moderator: Keigo Obara, Food security officer, FAO	Representatives of leading Ministries and Institutions in Serbia Mary Kenny , FAO Food Safety and Consumer Protection Officer, FAO Regional Office for Europe and Central Asia, Budapest, Hungary Mirjana Gurinovic , International Expert for Sustainable Food systems and Healthy Diets, CAPNUTRA, Serbia
	Group Photo	
2. SUSTAINABLE HEALTHY DIETS AND FOOD SYSTEM BASED DIETARY GUIDELINES Moderator: Mary Kenny		
9.30-9.45	Sustainable healthy diets principles and aims	Fatima Hachem , FAO Senior Nutrition Officer, Nutrition and Food Systems Division, Food and Agriculture Organization of the United Nations (FAO), Rome Italy (online)
9.45-10.15	FAO Food System Based Dietary Guidelines. How to Develop and Implement Dietary Guidelines with Food Systems Approach	Ana Islas Ramos , FAO Nutrition Officer Nutrition Education and Consumer, Awareness Group, Nutrition and Food Systems Division, Food and Agriculture Organization of the United Nations (FAO), Rome Italy
10:15-10:45	Policy support for healthy food environments in Europe	Dr Stefan Storcksdieck , Acting Head of Department, Max Rubner-Institute (MRI), Federal Research Institute of Nutrition and Food, Germany (online)
10:45-11:00	Questions and answers Facilitators: Mary Kenny and Ana Islas Ramos	
11.00-11.20	Coffee break	

3. COUNTRY EXPERIENCES IN THE DEVELOPMENT OF FSBDG IN EUROPE AND CENTRAL ASIA

Moderator: Veronika Molina

11.20-11.40	Food system analysis and capacity development on food system based dietary guidelines in five selected countries in Europe and Central Asia	Aniko Nemeth , FAO Food Safety and Nutrition Expert Mirjana Gurinovic , International Expert for Sustainable Food systems and Healthy Diets, Serbia, CAPNUTRA
11.40-13.30	Presentation of the project results: Situation Analysis and Evidence Review Report in <ul style="list-style-type: none"> • Kyrgyzstan (30 mins) • Montenegro (30 mins) • Serbia (30 mins) 20 mins facilitated discussion, questions, and answers	Presenters: Kyrgyzstan: Duishenkulova Marina , FAO National Consultant on Nutrition Montenegro: Aleksandra Martinović , FAO National Consultant on Nutrition Serbia: Jelena Milešević , FAO National Consultant on Nutrition
13.30-14.30	Lunch break	
14:30-15:00	Presentation of the project results: Food system assessment in <ul style="list-style-type: none"> • Azerbaijan (15 mins) • Uzbekistan (15 mins) 	Azerbaijan: Namig Shalbuzov , FAO National Consultant on Diet and Food Systems Analysis Uzbekistan: Orifjan Namozov , FAO National Consultant on Food Security and Nutrition Analysis
15.00-16.00	Country perspectives: Facilitated discussion of challenges and successes in the first steps of the FSBDG development process Facilitators: Veronika Molina and Aniko Nemeth	Country delegations
16.00-17.00	Interactive session on awareness raising and the development of policy briefs on FSBDGs - Purpose, challenges, and use Facilitators: Obara Keigo and Klaudia Krizsan	Country delegations
19:00	Dinner	

DAY 2

8 November

NEXT STEPS FOR THE DEVELOPMENT OF FSBDGs

Moderator: Mirjana Gurinovic

TIME	ACTIVITY	SPEAKER
9.15-9.30	Wrap up from Day 1	Veronika Molina
9.30-10.00	Development of healthy and sustainable Food-based dietary guidelines by the Nordic Nutrition Council	Prof. Rune Blomhoff , University of Oslo, Department of Nutrition, Norway(online)
10.00-11.00	Introduction to diet modeling	Ramani Wijesinha-Bettoni , FAO Nutrition Officer, Nutrition Education and Consumer, Awareness Group, Nutrition and Food Systems Division, Food and Agriculture Organization of the United Nations (FAO), Rome Italy (online)
11.00-11.30	Research capacity and infrastructure - tools and data from Balkan region (Montenegro and Serbia) for diet modeling in food systems-based dietary guidelines (FSBDG) development	Mirjana Gurinovic , International Expert for Sustainable Food systems and Healthy Diets, Serbia, CAPNUTRA Agnes Kadvan , IT specialist, CAPNUTRA Jelena Milesevic , FAO National Consultant on Nutrition for Serbia
11.30-11.45	Questions and answers Facilitators: Ana Islas Ramos and Mirjana Gurinovic	
11.45-12.00	Coffee break	
12.00-12.30	Formulation of Multilevel Recommendations	Ramani Wijesinha-Bettoni , FAO Nutrition Officer, Nutrition Education and Consumer, Awareness Group, Nutrition and Food Systems Division, Food and Agriculture Organization of the United Nations (FAO), Rome Italy (online)
12.30-13.30	Working group: How to develop multilevel recommendations on priority health and nutrition issues (part 1) Facilitators: Aniko Nemeth and Veronika Molina	All participants

13.30-14.30	Lunch break	
14.30-15.15	Working group: How to develop multilevel recommendations on priority health and nutrition issues (part 2)	All participants
	Facilitators: Aniko Nemeth and Veronika Molina	
15.15-16.30	Capacity development needs for developing FSBDGs	Overview by CAPNUTRA Country delegations (5 countries)
	Facilitator: Mirjana Gurinovic	
19:00	Dinner	

DAY 3

9 November

TIME	ACTIVITY	SPEAKER
1. IMPLEMENTATION OF FSBDGs Moderator: Keigo Obara		
9.00-9.30	Implementation Strategy of FSBDGs, Design capacity development and communication actions	Yenory HERNANDEZ-GARBANZO, PhD Nutrition Expert, Nutrition Education and Consumer Awareness Group, Food and Nutrition Division (ESN), Food and Agriculture Organization of the United Nations (FAO), Rome Italy (recorded) Veronika Molina , FAO International consultant on dietary Guidelines
9.30-9.50	Lessons learned from the implementation of FBDGs in public catering services in Hungary	Anita Varga , National Center for Public Health, and Pharmacy (NCPHP), Budapest, Hungary (online)
9.50-10.10	Country experience in implementation of nutrition-related programs in Central Asia (Kyrgyzstan or Uzbekistan)	Tursun Mamyrbæva , professor, Kyrgyzstan
10.10-10.40	Communication for improved food literacy and tackling misinformation on food and nutrition	Dr Laura Fernandez Celemin Director General, European Food Information Council (EUFIC), Belgium (online)
10.40-11.00	Coffee break	
2. SUMMARY AND CLOSING REMARKS Moderator: Ana Islas		
11.00-12.30	Working group: Summarizing possibilities and priority actions for the development and implementation of FSBDGs in the target countries Facilitators: FAO	National Consultants and country delegation
12.30-13.00	Wrap up and next steps	FAO
13.00-13.15	Closing remarks	
13.00-14.00	Lunch	