

The road towards national Food System Based Dietary Guidelines for Montenegro

1st National Workshop

OBJECTIVES

HYBRID EVENT

Date:

13 – 14 December 2022

Place:

Hotel Hilton, hall Princess Ksenija

Podgorica, Montenegro

WIFI: hhonors_conference

1. Create awareness about the importance of developing Food System Based Dietary Guidelines (FSBDG) for the country
2. Seek multisectoral support for development and implementation of FSBDG
3. Introduce the FAO methodology to develop and implement FSBDG
4. Prepare the road map for the development of the FSBDG in Montenegro
5. Overview of the status of nutrition and the food system in Montenegro – review existing data and identifying gaps

Organizer: Food and Agriculture Organization of United Nations (FAO) in collaboration with CAPNUTRA

Websites: <https://www.fao.org/home/en>
<https://www.capnutra.org/>



Food and Agriculture
Organization of the
United Nations



CAPNUTRA
CAPACITY DEVELOPMENT IN NUTRITION



AGENDA

DAY 1 – 13.12.2022.

INTRODUCTION

Welcoming/opening remarks

FAO, Ministry of Health, Institute of Public Health of Montenegro **09:00 – 09:15**
Enisa Kujundzic, National Project Coordinator

Presentation of participants and review of the objectives of the workshop **09:15 – 09:30**

Aleksandra Martinovic, FAO National Consultant on Nutrition

Session 1: Development and Implementation of Food System Based Dietary Guidelines (FSBDGs)

Food System Based Dietary Guidelines around the world and its importance

Veronika Molina Barrera, International Specialist on National Food Based Dietary Guidelines Development and Implementation **09:30 – 10:00**

FAO support to FSBDG development in Europe and Central Asia – project introduction **10:00 – 10:15**

Aniko Nemeth, Food Safety and Nutrition Expert, FAO

Collaboration with CAPNUTRA on Capacity Development in Nutrition

Mirjana Gurinovic, International Expert for Sustainable Food systems and Healthy Diets **10:15 – 10:30**

Interactive Q&A – to involve all stakeholders **10:30 – 10:45**

Coffee break **10:45 – 11:00**

Methodology to develop Food System Based Dietary Guidelines **11:00 – 11:20**

Veronika Molina Barrera, International Specialist on National Food Based Dietary Guidelines Development and Implementation

Importance of the FSBDG for Montenegro **11:20 – 12:45**

Working group session

Conclusion of the working groups **12:45 – 13:00**

Q&A

Lunch break **13:00 – 14:00**

Session 2: Food System and nutrition data collection

Introduction of the data collection methodology and data sources by CAPNUTRA **14:00 – 14:20**

Mirjana Gurinovic, International Expert for Sustainable Food systems and Healthy Diets

Current status of food system and nutrition data collection and the role of different stakeholders **14:20 – 14:40**

Aleksandra Martinovic, FAO National Consultant on Nutrition

Review of the Stakeholder Mapping **14:40 – 15:00**

Identifying sources of information to carry out the situation analysis **15:00 – 16:00**

Conclusion of the working groups **16:00 – 16:45**

Q&A



DAY 2 – 14.12.2022.

Development of a country road map

Summary of Day 1

Veronica Molina Barrera, International Specialist on National Food Based Dietary Guidelines Development and Implementation **09:00 – 09:20**
Aleksandra Martinovic, FAO National Consultant on Nutrition

Q&A

Food consumption data collection harmonization in national dietary surveys in Balkan region for diet monitoring for developing national FBDGs **09:20 – 09:40**

Mirjana Gurinovic, International Expert for Sustainable Food systems and Healthy Diets

Roundtable discussion about capacity development needs in Montenegro **09:40 – 10:15**

Coffee break **10:15 – 10:30**

Panel discussion on nutrition education and communication in Montenegro **10:30 – 11:15**

Parallel working group sessions **10:30 – 12:00**

Develop a Road Map on FSBGD development in Montenegro **Effective way of communication and coordination on FSBGDs**

Conclusion of the working groups **12:00 – 13:00**

Lunch break **13:00 – 14:00**

CLOSING

Wrap up, next steps and commitments **14:00 – 14:50**

Closing remarks **14:50 – 15:00**