The road towards national Food System Based Dietary Guidelines for Kyrgyzstan

1st National Workshop

**7-8 December 2022**

[Bishkek, Kyrgyzstan]

*Hybrid event*

Organizers: MoH KR, MoA KR in Collaboration with FAO, UNICEF and CAPNUTRA,

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| **Objectives** |
| 1. Create awareness about the importance of developing Food System Based Dietary Guidelines (FSBDG) for the country  2. Seek multisectoral support for development and implementation of FSBDG  3. Introduce the FAO methodology to develop and implement FSBDG  4. Prepare the road map for the development of the FSBDG in Kyrgyzstan  5. Overview of the status of nutrition and the food system in Kyrgyzstan – review existing data and identifying gaps |

**AGENDA**

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| DAY 1 | INTRODUCTION | | |
| **9.00 – 9**.**15** | **Welcoming/opening remarks**  Arykbaeva Bubuzhan Kamchibekovna - Deputy Minister of Health  Daniyar Januzakov – Head of Food Security, MOA  Dinara Rakhmanova – Deputy Representative, FAO  Cristina Brugiolo- Deputy Country Director, UNICEF | |
| **9.15 – 9**.**30** | **Introduction of participants and review of the objectives of the workshop**  Aniko Nemeth - FAO Food Safety and Nutrition Expert | |
| **Session 1: Development and Implementation of Food System Based Dietary Guidelines (FSBDGs)** | | |
| **9.30 – 10**.**00** | **Food System-Based Dietary Guidelines around the world and its importance**  Veronika Molina Barrera – International Specialist on National Food Based Dietary Guidelines Development and Implementation | |
| **10.00 – 10**.**15** | **FAO support to FSBDG development in Europe and Central Asia – project introduction**  Aniko Nemeth – Food Safety and Nutrition Expert, FAO | |
| **10:15 – 10.30** | **Collaboration with CAPNUTRA on Capacity Development in Nutrition**  Mirjana Gurinovic – International Expert for Sustainable Food systems and Healthy Diets | |
| **10.30 – 10.45** | Interactive Q&A – to involve all stakeholders | |
| **10.45 – 11.00** | Coffee break | |
| **11.00 – 11**.**20** | **Methodology to develop Food System-Based Dietary Guidelines**  Veronika Molina Barrera – International Specialist on National Food-Based Dietary Guidelines Development and Implementation | |
| **11.20 – 12**.**45** | **Importance of the FSBDG for Kyrgyzstan (Working group session)**  MoH, MOA, FAO, UN | |
| **12.45 – 13.00** | **Plenary session - conclusion of the working groups**  **Q&A** | |
| **13.00 – 14**.**00** | Lunch break | |
| **Session 2: Food system and nutrition data collection** | | |
| **14:00 – 14.20** | **Introduction of the data collection methodology and data sources by CAPNUTRA**  Mirjana Gurinovic – International Expert for Sustainable Food systems and Healthy Diets | |
| **14.20 – 14**.**40** | **Current status of food system and nutrition data collection and the role of different stakeholders**  Duishenkulova Marina - FAO National Consultant on Nutrition | |
| **14.40 – 16.00** | **Parallel working group sessions** | |  |
|  | **Review of the Stakeholder Mapping** | **Identifying sources of information to carry out the situation analysis** |  |
|  | **16.00 – 16.45** | **Plenary session- conclusion of the working groups**  **Q&A** | |  |
|  | **DAY 2 – Development of a country road map** | | |
| DAY 2 | ***9.00 – 9.20*** | **Summary of Day 1**  Veronica Molina Barrera – International Specialist on National Food Based Dietary Guidelines Development and Implementation  Duishenkulova Marina - FAO National Consultant on Nutrition  **Q&A** | |
| ***9.20 – 9.40*** | **Food consumption data collection harmonization in national dietary surveys in Balkan region for diet monitoring for developing national FBDGs**  Mirjana Gurinovic – International Expert for Sustainable Food systems and Healthy Diets | |
| ***9.40 – 10.15*** | **Roundtable discussion about capacity development needs in Kyrgyzstan** | |
| ***10.15 – 10.30*** | Coffee break | |
| ***10.30 – 11:15*** | **Panel discussion on nutrition education and communication in Kyrgyzstan** | |
| ***10.30 – 12.00*** | **Working group sessions**  **Develop a Road Map on FSBGD development in Kyrgyzstan** | **Effective ways of communication and coordination on FSBDGs** |
| **12.00 – 13.00** | **Conclusion of the working groups** | |
| **13.00 – 14.00** | **Lunch break** | |
| CLOSING | | |
| **14.00 – 14.50** | **Wrap up, next steps and commitments** | |
| **14.50 – 15.00** | **Closing remarks** | |