



Food and Agriculture  
Organization of the  
United Nations



**CAPNUTRA**  
CAPACITY DEVELOPMENT IN NUTRITION

## **Workshop on “Awareness raising on the food system approach to address malnutrition” (FAO ISC Project)**

**27<sup>th</sup> October 2020, Belgrade, Serbia**

**(ZOOM online event)**

**Concept note and Agenda**

### **Background**

The nature of food insecurity and malnutrition has considerably changed in the region of Europe and Central Asia (ECA) in the last decades. The availability of macronutrients has risen, but consumption patterns have also changed, giving rise to new threats to food and nutrition security. This nutrition transition poses a major challenge for the public sector in terms of its ability to anticipate and mitigate possible negative nutritional and health impacts. Considering the complexity of the underlying causes of malnutrition, these challenges need to be addressed in a multi-sectoral approach.

However, malnutrition is largely considered as a health sector issue in the region and there is a lack of supportive policies in sectors such as agriculture, food processing and distribution, food marketing and trade, environment and education, particularly in Central Asia and Caucasus. The roles of agriculture, food processing and rural development sectors remain unclear mainly due to limited understanding of nutritional impact of the food system.

To promote better understanding of food system approach in malnutrition prevention in the region, **CAPNUTRA, Capacity Development in Nutrition Network** ([www.capnutra.org](http://www.capnutra.org)), in close collaboration and with support of **FAO Regional Office for Europe and Central Asia, FAOREU** (<http://www.fao.org/europe/en/>), organizes and host a one-day Workshop: **“Awareness raising on the food system approach to address malnutrition”**, on 27th October 2020, Belgrade, Serbia (ZOOM online event).

An on-going regional project on food system analysis: **“Programme support for the role of food systems in the transition of diets and prevention of malnutrition in the ECA region”** has two major milestones: country case studies and awareness raising activities. A methodology for the comprehensive situation and policy analysis in the region was prepared and it will provide the basis for effective policy planning on the national level.

This project will support the countries suffering from different forms of malnutrition (undernutrition, micronutrient deficiencies and/or overnutrition) to identify possible entry points for improving nutrition through the food system approach.

The country case studies have been carried out in 2019 to cover the countries selected from four country groups:

- One/two countries from group 1 (Undernutrition and micronutrient deficiencies): Kyrgyzstan, and Tajikistan;
- One/two countries from Group 2 (Triple burden): Armenia, Ukraine, North Macedonia, and Albania;
- One country from group 3 (Overnutrition): Poland
- Review some experience from group 4: West Europe

The key authors from all countries will present the main results from the case study during the workshop.

### **Objectives**

The aim of the validation and awareness raising activities that will be carried out under this LoA, is to share existing methodologies and tools, as well as lessons learned, to strengthen the beneficiary countries' evidence-base for addressing nutrition related challenges from the food system perspective. Another aim is to prepare the knowledge product - the final FAO publication with regional synthesis and country case studies. The planned regional event will serve as a platform for multi-stakeholder engagement and dialogue.

The workshop will be a good opportunity to promote World Food Day, celebrated annually on 16th October, to commemorate the founding of the FAO in 1945. This year theme is **World Food day 2020 Grow, Nourish, Sustain. Together. Our Actions are our Future.**

<http://www.fao.org/world-food-day/home/en/>

## Agenda draft (ZOOM online meeting)

**Tuesday 27<sup>th</sup> October 2020**

|   |  |   |
|---|--|---|
| 9.30-10.00  | Online meeting, place open: TBA  |   |
| 10.00-10.30   | OPENING SESSION  |   |
| Chair/Moderator: Dr Mirjana Gurinović & Mr Fang Cheng   |  |   |
| Mr Raimund Jehle, Regional Program Leader, Regional Office for Europe and Central Asia (REU), Food and Agriculture Organization of the United Nations (FAO), Budapest, Hungary<br>Tamara Bošković, MSc DVM, EFSA advisory board member, Head of food safety section, Ministry of Agriculture, Forestry and Water Management of the Republic of Serbia, Belgrade, Serbia |  |   |
| 10.30-10.45   | BREAK& GROUP PHOTO ONLINE  |   |
| 10.45-12.05   | PLENARY PRESENTATIONS, 15 minutes each<br>Chair/Moderators: Mr Keigo Obara & Dr Maria Glibetić   |   |
| 10.45-11.05   | Introduction to the workshop; Update on food security and nutrition, dietary change and transformations of agriculture in the Europe and Central Asia        | Mr Fang Cheng,<br>Economist, Regional Office for Europe and Central Asia (REU), Food and Agriculture Organization of the United Nations (FAO), Budapest, Hungary  |
| 11.05-11.20   | Analyzing causes of nutrition transition in Central Asia from food systems perspectives  | Mr Keigo Obara,<br>Food Security Officer, FAO Sub regional Office for Central Asia, (FAOSEC) , Ankara, Turkey   |
| 11.20-11.35   | Project presentation-How trade and market impact on food security and nutrition and experience in ECA, regional perspective?                                 | Dr Manitra A. Rakotoarisoa,<br>Project International Consultant on Trade Impact   |
| 11.35-11.50   | Challenges and opportunities for strengthening regional capacities on sustainable food systems for healthy diets and nutrition in Central and Eastern Europe | Dr Mirjana Gurinović,<br>Principal Research Fellow and coauthors, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National institute of Republic of Serbia, University of Belgrade, Serbia |
| 11.50-12.05   | Discussion & conclusions   |   |
| 12.05-13.00   | BREAK  |   |
| COUNTRY CASE STUDIES PRESENTATIONS, 15 minutes each<br>(Chair/Moderators: Prof. Kanat Tilekeyev & Dr Jelena Milešević   |  |   |
| 13.00 -14.00  | Group countries 1 and 3 :1. Undernutrition and micronutrient deficiencies: Kyrgyzstan and Tajikistan; and 3. Overnutrition: Poland                           |   |
| 13.00-13.15   | Country case study presentation: Kyrgyzstan  | Prof. Kanat Tilekeyev,  |

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|  |   | Senior Research Fellow, Institute of Public Policy and Administration, University of Central Asia   |
| 13.15-13.30  | Country case study presentation: Tajikistan   | <u>Mr Pavel Kiparisov</u> ,<br>Researcher, Central European University, Austria, Vienna   |
| 13.30-13.45  | Country case study presentation: Poland   | <u>Dr Ewa Halicka</u> ,<br>Warsaw University of Life Sciences, Poland, Project International consultant on Food Systems and Nutrition   |
| 13.45-14.00  | Discussion, conclusion and key messages for the G1 + G3 countries   |   |
| 14.15-14.30  | BREAK   |   |
| <b>COUNTRY CASE STUDIES PRESENTATIONS, 15 minutes each</b><br>Chair/Moderators: Mr Fang Cheng & Dr Aleksandra Martinovska Stojcheska |   |   |
| 14.30-16.15  | <b>Group countries 2 (Triple burden): Armenia, Albania, Ukraine and North Macedonia and Group 4 West Europe</b> |   |
| 14.30-14.45  | Country case study presentation: Armenia  | <u>Dr Meline Beglaryan</u> ,<br>Head of Expert Group, Informational-Analytical Center for Risk Assessment of Food Chain, Center for Ecological-Noosphere Studies (CENS), National Academy of Sciences, Republic of Armenia  |
| 14.45-15.00  | Country case study presentation: Albania  | <u>Dr Lin Junying</u> ,<br>Researcher/Economist (FAO Intern), Shanghai Academy of Social Science and intern (Zhao Jiawen)<br><u>Mr Fang Cheng</u> ,<br>Economist, Regional Office for Europe and Central Asia (REU), Food and Agriculture Organization of the United Nations (FAO), Budapest, Hungary |
| 15.00-15.15  | Country case study presentation: Ukraine  | <u>Dr Tamara Ostashko</u> ,<br>Institute for Economy and Forecasting NASU, Head of the Department, Kiev, Ukraine<br><u>Hanna Lienivova</u> ,<br>Institute for Economy and Forecasting NASU, Researcher, Kiev, Ukraine   |
| 15.15-15.30  | Country case study presentation: North Macedonia  | <u>Dr Aleksandra Martinovska Stojcheska</u> ,<br>Professor, University St. Cyril and Methodius in Skopje, Faculty of Agricultural Sciences and  |

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|  |  | Food, Institute of Agricultural Economics, Skopje, North Macedonia  |
| 15.30-15.45  | Review from group 4: West Europe                                     | <u>Ms Youngseo Kim</u> ,<br>Master Student (previous FAO Intern) at the University of Zurich<br>Ms Mary Kenny,<br>RI2 Manager, FAO Regional Office for Europe and Central Asia, Budapest, Hungary<br><u>Mr Fang Cheng</u> ,<br>Economist, Regional Office for Europe and Central Asia (REU), Food and Agriculture Organization of the United Nations (FAO), Budapest, Hungary |
| 15.45-16.00  | Discussion, conclusions and key messages for the G2 and G4 countries |   |
| 16.00-16.15  | <b>CLOSING SESSION</b>   |   |
| Mr Fang Cheng & Dr Ewa Halicka & Dr Mirjana Gurinović  |  |   |
| Discussion, summary, the follow-up action& conclusions |  |   |
| Closing remarks from the Workshop                      |  |   |

### **Important information for participants - House Rules:**

- ✓ Connect 10 minutes before the meeting starts
- ✓ When connecting in the Zoom, provide your full name and affiliation as user name
- ✓ Always mute your microphone unless you're presenting
- ✓ Turn off your camera, unless asked to switch it on for a 'group photo'
- ✓ Have your presentation ready in advance (ensure an up-to-date version has been sent to organizers)
- ✓ Presentations must not exceed 15 minutes, including Q&As
- ✓ Questions can be submitted in advance to [capnutra@gmail.com](mailto:capnutra@gmail.com); questions during the meeting should be submitted using the chat facility
- ✓ Q&A moderator is CAPNUTRA member; questions may be rephrased or summarised to facilitate answers to as many questions as possible during the meeting
- ✓ When speaking, close other programmes (e.g. Outlook): they steal bandwidth and cause a distraction; mute mobile and landline phones
- ✓ Meeting will be recorded
- ✓ All times are CEST (Amsterdam, Brussels, Vienna, etc.).

## **Workshop Organizing Committee**

- ✓ Mr Fang Cheng, Economist, *Responsible officer from FAOREU*

*Regional Office for Europe and Central Asia (REU), Food and Agriculture Organization of the United Nations (FAO), Budapest, Hungary*

- ✓ Dr Mirjana Gurinović, Principal Research Fellow, Workshop coordinator
- ✓ Dr Maria Glibetić, Principal Research Fellow
- ✓ Dr Jelena Milešević, Research Associate
- ✓ Dr Marija Ranić, Research Associate, IT support, ZOOM organizer
- ✓ Dr Milica Zeković, Research Associate
- ✓ Dr Maria Knez, Research Associate
- ✓ Agnes Kadvan, IT specialist

*CAPNUTRA Capacity Development in Nutrition Network and Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia*

## **List of participants**

1. Beglaryan Meline, Head of Expert Group, Informational-Analytical Center for Risk Assessment of Food Chain, Center for Ecological-Noosphere Studies (CENS), National Academy of Sciences, Yerevan, Republic of Armenia
2. Bošković Tamara, EFSA advisory board member, Head of food safety section, Ministry of Agriculture, Forestry and Water Management of the Republic of Serbia, Belgrade, Serbia
3. Cheng Fang, Economist, Regional Office for Europe and Central Asia (REU), Food and Agriculture Organization of the United Nations (FAO), Budapest, Hungary
4. Dukić dr Nadežda, EFSA contact point for Serbia, Ministry of Agriculture, Forestry and Water Management of the Republic of Serbia, Belgrade, Serbia

5. Glibetić dr Maria, Principal Research Fellow, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
6. Gurinović dr Mirjana, Principal Research Fellow, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
7. Halicka dr Ewa, Warsaw University of Life Sciences, Project International consultant on Food Systems and Nutrition, Warsaw, Poland
8. Jehle dr Raimund, Regional Program Leader, Regional Office for Europe and Central Asia (REU), Food and Agriculture Organization of the United Nations (FAO), Budapest, Hungary
9. Jiawen Zhao, FAO Intern (Zhejiang University, China)
10. Junying dr Lin, Researcher/Economist (FAO Intern), Shanghai Academy of Social Science
11. Kadvan Agnes, IT specialist, CAPNUTRA Capacity Development in Nutrition Network, Serbia
12. Kenny dr Mary, Food Safety and Consumer Protection Officer, Regional Office for Europe and Central Asia (REU), Food and Agriculture Organization of the United Nations (FAO), Budapest, Hungary
13. Kim Youngseo, Master Student (previous FAO Intern) at the University of Zurich
14. Kiparisov dr Pavel, researcher, Central European University, Austria, Vienna
15. Knez dr Marija, Scientific Associate, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
16. Krga dr Irena, Scientific Associate, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
17. Lienivova Hanna, researcher, Institute for Economics and Forecasting NASU, Kiev, Ukraine
18. Martinovska Stojcheska dr Aleksandra, Professor, University St. Cyril and Methodius in Skopje, Faculty of Agricultural Sciences and Food, Institute of Agricultural Economics, Skopje, North Macedonia
19. Mentov Aleksandar, National Programme Coordinator Food and Agriculture Organization of the United Nations, FAO Regional Office For Europe and Central Asia (REU) Project Office in Serbia



20. Milešević dr Jelena, Scientific Associate, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
21. Milićević dr Dragan, Principal Research Fellow, Institute of Meat Hygiene and Technology, Belgrade, CAPNUTRA Capacity Development in NutritionNetwork, Serbia
22. Obara Keigo, Food Security Officer, FAO Subregional Office for Central Asia, (FAOSEC) , Ankara, Turkey
23. Ostashko dr Tamara, Head of the Department, Institute for Economics and Forecasting NASU, Kiev, Ukraine
24. Pipoyan Davit, Doctor in Food Science and Nutrition, Head of the Informational-Analytical Center for Risk Assessment of Food Chain, CENS, NAS, RA, Yerevan, Republic of Armenia
25. Rakotoarisoa dr Manitra (Project International Consultant on Trade Impact), USA
26. Ranić dr Marija, Scientific Associate, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
27. Ruochen Zhao, (REUT) FAO Intern (China)
28. Stefanovic dr Vuk, Scientific Associate, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
29. Stojanovic Vesna, CAPNUTRA, Capacity Development in Nutrition Network, Belgrade ,Serbia
30. Takic dr Marija, Scientific Associate, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
31. Tilekeyev dr Kanat, Senior Research Fellow, Institute of Public Policy and Administration, University of Central Asia, Kyrgystan
32. Vidović dr Nevena, Scientific Associate, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia
33. Zeković dr Milica, Scientific Associate, CAPNUTRA Capacity Development in Nutrition Network, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, National Institute of Republic of Serbia, University of Belgrade, Serbia



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Grow,  
Nourish,  
Sustain.  
Together.

16 October 2020  
**World Food Day**

A large green silhouette of a tree with a thick trunk and a full, rounded canopy. Inside the canopy, the text 'Grow, Nourish, Sustain. Together.' is written in white. Below the tree, on a green grassy field, are silhouettes of five people: a child on the left reaching up towards the tree, a person sitting on the ground reading a book, a child in the center holding a watering can, and a man on the right holding a young girl. The background is a gradient from light blue at the top to yellow at the bottom.

**Grow,  
Nourish,  
Sustain.  
Together.**

***Our Actions are our Future.***

#WorldFoodDay

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